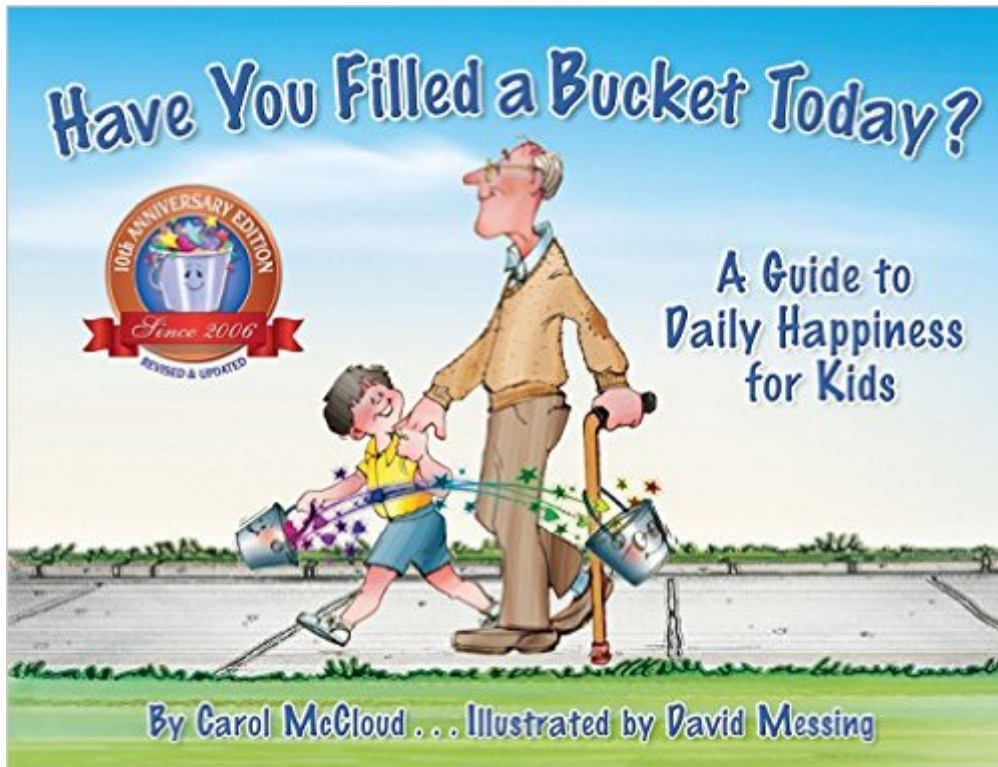


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# Have You Filled A Bucket Today?: A Guide To Daily Happiness For Kids



## Synopsis

For more information on bucket filling and free downloadables and resources, visit [bucketfillers101.com](http://bucketfillers101.com). This heartwarming book encourages positive behavior by using the concept of an invisible bucket to show children how easy and rewarding it is to express kindness, appreciation and love by "filling buckets." Updated and revised, this 10th anniversary edition will help readers better understand that "bucket dipping" is a negative behavior, not a permanent label. It also explains that it's possible to fill or dip into our own buckets. <sup>^</sup> Winner of Six Awards: 2016 - Gold, Children's Picture Books, Mom's Choice Awards 2016 - Winner, Children's Books, Great Southwest Book Festival 2016 - Honorable Mention, Children's Books, Los Angeles Book Festival 2016 - Runner-up, Children's Books, Great Southeast Book Festival 2016 - Runner-up, Children's Books, Florida Book Festival 2016 - Honorable Mention, Children's Books, Great Northwest Book Festival (First Edition: Winner of Sixteen Awards and One Additional Honor)

## Book Information

Hardcover: 32 pages

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Product Dimensions: 10.8 x 0.4 x 8.2 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars <sup>^</sup> <sup>^</sup> See all reviews <sup>^</sup> (826 customer reviews)

Best Sellers Rank: #5,501 in Books (See Top 100 in Books) #35 in <sup>^</sup> Books > Children's Books > Growing Up & Facts of Life > Family Life > Values #113 in <sup>^</sup> Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

Age Range: 4 - 9 years

Grade Level: Preschool - 4

## Customer Reviews

I found this book in a local bookstore where someone had left it on top of other non-related books. I flipped through it quickly and the messages I saw and the beautiful illustrations led me to make it an impulse buy. When I read it to my daughter that evening, however, I found a major flaw in its premise. The book does a great job of creating the bucket analogy, but blatantly states that you

need "others to fill your bucket". While it does circle back around to explain that filling the bucket of others (i.e. by being kind, helpful, etc.) can help fill the child's own bucket, I think it misses an important point - kids can fill their own buckets! Unlike other reviewers, I didn't feel like it created co-dependence, but I do think it gives the message that a child needs the affirmation of others to have a full bucket. There is no mention of talking nicely to and about themselves, appreciating what they have, expressing gratitude for what they have, recognizing their own strengths and skills, seeing the beauty within themselves - all of which fill their own buckets. I don't believe that one book will define a child, but this book certainly does loosely make the case for being approval and praise junkies - not a message I want my kid to take away from a book. It would have been a far better book if it had included the ways you can fill your own bucket, because there are times in life when that is the only way your bucket is going to get filled. And it would be a far better skill to have than waiting around for someone else to fill your bucket!! Personally, I told my daughter flat out that the author made a mistake and we discussed all the ways one can fill their own bucket. Because of the beautiful illustrations and the springboard for the discussion, I left it at three stars. But I would not recommend this book to any parent unless they are willing to have more in-depth conversation about it.

I had been looking for books I could use to teach my students about treating others kindly. I bought this book along with the book, "How Full Is Your Bucket? For Kids." I was hoping it would have many suggestions of how kids can be "bucket fillers" by being kind to others and themselves. Unfortunately, it is more like a 2nd rate version of "How Full Is Your Bucket? For Kids." This book EXPLAINS the bucket concept and TELLS kids how their actions affect others, whereas "How Full Is Your Bucket? For Kids" is an engaging story that SHOWS children what the bucket concept is all about and DEMONSTRATES how their actions can hurt or help others. I love "How Full Is Your Bucket? For Kids" and intend to read it to my students, as I think it will be an effective teaching tool. Having purchased that book, this book is superfluous, and although I'll include it in my classroom library, I'm wishing I had spent the money on something else.

Words hurt. That's the simple truth. And bullies abound no matter what the age. If we can teach young children the power of words and teach them to use those words carefully, we can change the future of America. This is one book every elementary teacher should have. And one book each teacher should discuss with their children.

This book visually conveys a message that is often difficult to explain to children, about finding happiness through spreading happiness. Kids understand it and love it, and it helps parents explain at a kid's level why someone was mean to them. It is definitely one to read and re-read and I only wish it came in hardback to withstand the use!

This book was propped up on display at the bookstore and the title was interesting enough, so I picked it up. I immediately could tell that the message was simple and clear and bought the book, even though we have plenty of books (so many that I usually can't justify buying another). I personally don't find many children's books all that great. Either the story is dumb or the wording is dumb, or there is no point. This one is really enjoyable for me to read because they learn from it each time, and even after the first time I read it to my 4 year old, she started talking about things that we shouldn't do that can hurt other people's feelings and "dip" from their bucket. The idea of a bucket of our "good feelings and thoughts" about ourselves creates a visualization my kids can relate to and understand clearly. This goes on my personal list of maybe 20 books I love to read my children.

I bought this based on the excellent reviews here and my 4-year-old daughter loves it. She asked to read it over and over and really "gets" the message about trying to be nice to others to feel good about yourself. She even asked to take it to school to read with her preschool class and asked me to draw a picture of her and me under a rainbow holding hands and filling each other's buckets. For me it is a little cloying. It really hits you over the head with its good but simple message. But I am not a pre-schooler!

This book talks about how we can each fill each others buckets (a very nice metaphor beautifully illustrated with words and drawings). How do we become "bucket fillers"? By simple things like saying something kind, smiling, showing love, and making others feel special. The book gives great examples of bucket filling, such as inviting a new kid to play, and much more. I love this book and I want to share it with everyone I know, especially families with kids. Based on the reactions of friends I've shown it to so far, the book has enormous appeal.

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